### For the Mobility Challenged

# What is Flexiciser<sup>TM</sup>?

Flexiciser<sup>™</sup> is the ONLY technology that offers a natural walking stride, moving arms and legs simultaneously in 3 modes of operation with no weight bearing impact on the joints. The user can remain in the wheelchair and use Flexiciser<sup>™</sup> without transferring.

Through daily Movement Therapy™, the user can improve strength, muscle tone, endurance, cardiovascular health and circulation while relieving stress.



# **Benefits Include:**

Increase of

- ✓ Range of Motion
- ✓ Endurance
- ✓ Weight control
- ✓ Circulation
- ✓ Weight Control
- ✓ Muscle Tone
- ✓ Pain Control

Decrease of

- ✓ Spasticity
- ✓ Decubitus Ulcers
- ✓ Stress
- $\checkmark$  Depression
- ✓ Swelling
- ✓ Contractures

Since 1982, Flexiciser<sup>™</sup> has made a great impact on the lives of thousands of people with mobility challenges.

In our 25th year, we are looking ahead, creating new products which will support the community we serve and improving the Flexiciser™ to help wheelchair users today overcome new and unique challenges.



Flexiciser International For more information please visit our new website: <u>www.Flexiciser.com</u> or Call: Phone: 888.FLEX.INC Fax: 760.729.0349 e-mail: <u>info@flexiciser.com</u>

> Insurance Now Accepted! Call for Details.



Movement Therapy for the Mobility Challenged; Your Road to Recovery



www.Flexiciser.com 888.FLEX.INC

## 🐑 Movement Therapy;

### Your Road to Recovery

#### What Professionals Say:

"I believe the Flexiciser<sup>TM</sup> is a major breakthrough product. It will facilitate wheelchair-bound individuals and others with mobility challenges in gaining valuable exercise and helping their circulatory and respiratory systems."

> Stanley Troy, Jr. M.D. Medical Director/President, Cal Western Medical Group



"After Thirty years as a rehabilitation professional, I am convinced that the Flexiciser<sup>TM</sup> is the state of the art equipment for enhancing the quality of life for those who are mobility challenged. It provides customized uses that improve circulation, strength, stamina and muscle coordination and is wheelchair accessible."

> Mike Shapow, RPT, PhD Clinical Director, Wellness Rehabilitation

# Three modes of operation for any activity level:

- 1) Active (Self)
- 2) Passive (FlexiMotor)
- 3) Resistive (Toning)

# Models available for almost any body:

- Flexiciser™ Original For users from 5'2"-6'0"
- 2) Flexiciser™ Sport For users from 3'0"and up
- Flexiciser™ Tall For users over 6'0" or for an extended stride



### Did You Know?

You can use Flexiciser from a:

- 1) Wheelchair
- 2) Powerchair
- 3) Scooter
- 4) Household Chair



#### Anyone can use Flexiciser™, even a full Quadriplegic!

## <u>FlexiGrips™</u>

The patented FlexiGrip<sup>TM</sup> can be placed around the user's wrist and slipped over the Flexiciser<sup>TM</sup> handle bar to allow the user to "hang on" even if s/he does not have the strength to do so.



FlexiGrips<sup>™</sup> are great for Quadriplegics, Stroke survivors, Cerebral Palsy and Muscular Dystrophy.

## Easy to Use Controls

Flexiciser<sup>TM</sup> features an on/off rocker switch, a 60-minute timer with an easy grip knob and a



speed control with a ridged dial for easy adjustment. The control box sits just beside the user's left knee allowing even those with limited reach to control Flexiciser<sup>™</sup>. Great for anyone with limited dexterity from Post-Stroke to Cerebral Palsy and SCI.